

Technical Guide



Copenhagen
3rd & 4th of August 2018



Nordic Championships 2018

Championship and Challenge
Copenhagen (Denmark), 3rd and 4th of August 2018
Technical Guide



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INTRODUCTION

General information

Get more information on the Facebook event <https://www.facebook.com/BMXNC2018/> called "BMX – Nordic Championship 2018"

Organizer Contacts

Event Responsible: Brian Schmidt - brian.schmidt@cphbm.dk
National Federation DCU Responsible: Maria Irmig Pedersen - mip@dcu-cykling.dk

About Copenhagen

Copenhagen is the capital and most populous city of Denmark. The city has a population of 775.000 of whom 613.000 live in the Municipality of Copenhagen, and the urban area has a population of 1.310.000. Copenhagen is situated on the eastern coast of Zealand and another small portion of the city is located (like the track) on Amager. Copenhagen's landmarks such as Tivoli, The Little Mermaid statue, the Amalienborg and Christiansborg palaces, Rosenborg Castle Gardens, Frederik's Church, Nyhavn and many museums, restaurants and nightclubs are significant tourist attractions.

About CPHBMX Club

The BMX Club was born in 2003, celebrate our 15 years birthday this year. In 2004, the club have a tight connection with Malmö BMX, so the riders from CPHBMX could practice every week. In 2005 succeed Nils Stærk as chairman for CPHBMX to establish a temporary track with the ambition in mind, that CPHBMX track should be one of the best tracks in the world. In 2007 the board of Danish BMX federation in DMU asked CPHBMX to host a UCI World Cup in Copenhagen 2008. This was the kick the club and the Municipality of Copenhagen needed. The track was ready on the old speedway arena and the first World Cup in Copenhagen was a reality and a huge success. The event was repeated the following year in 2009 and with the biggest BMX event in Denmark ever, the club hosted the 2011 UCI World Championship. In 2017, CPHBMX was honored to be assigned as "DCU Kraftcenter" by the national federation, DCU. Today in 2018, CPHBMX is the largest club in Denmark, measured by riders with licenses, with a structure talent program supported by "Team Copenhagen Sport", to develop the best challenge and championship rider. The club do have 17 coaches, 8 different levels of practice team and a track with surroundings in top, managed by the best volunteers you can imagine. Together we can't wait to welcome you in August and we really hope to be able to organize other big races in the years to come.

Club and track information and location

BMX Track address:
Ved Slusen 2
2300 Copenhagen S.
info@cphbm.dk

Organization – CPHBMX Chairman
Brian Schmidt
Tel +45 2328 1340
brian.schmidt@cphbm.dk



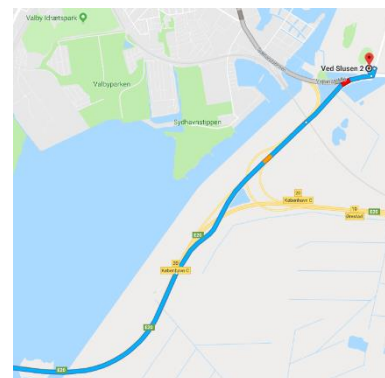
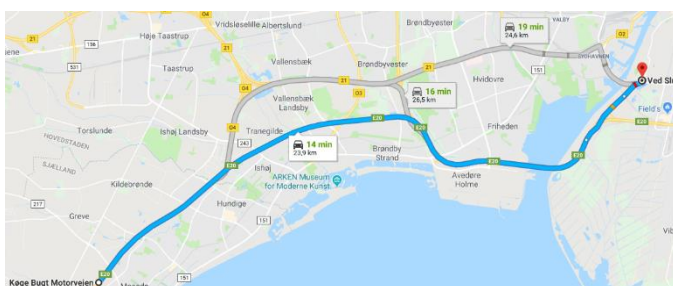
VENUE

By car

You can find CPHBMX in Google Maps by searching for "Ved Slusen 2, København"

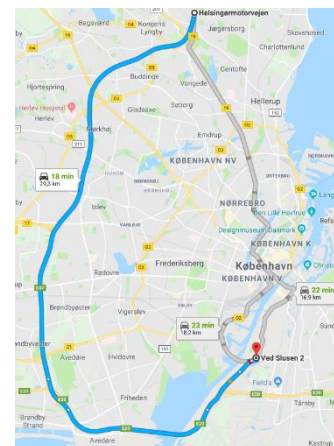
From south (Jutland, or Rødby)

Follow motorway E20 "Køge Bugt Motorway", follow the signs "Airport", until exit number 20 "Copenhagen C". Stay to right, following the signs to "Vejlands Allé" and turn left traffic lights to "Artillerivej"



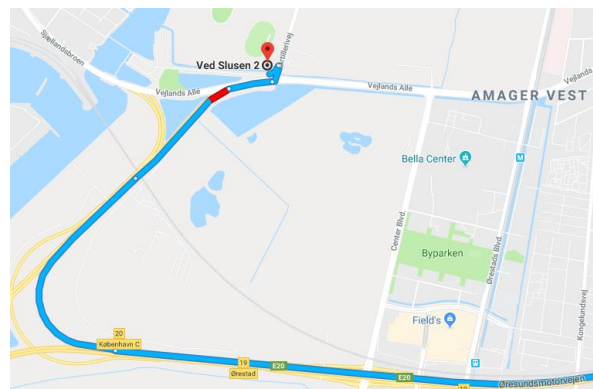
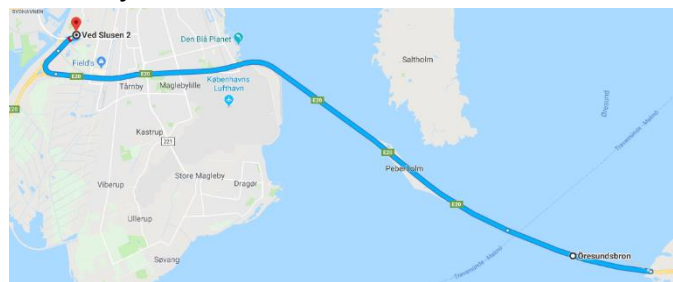
From north (Helsingør)

Kind the same as "from south", beside you will follow motorway E47 "Helsingør Motorway", follow the signs "Airport, until exit number 20 "Copenhagen C". Stay to right, following the signs to "Vejlands Allé" and turn left traffic lights to "Artillerivej"



From east (Malmø, Sweden)

From motorway E20 "Øresundsbroen", take exit number 20 "Copenhagen C". Stay to right, following the signs to "Vejlands Allé" and turn left traffic lights to "Artillerivej"



Parking and drop off zone

We kindly recommend you to be in good time to make sure you have enough time to park your car. We offer free parking close to the track, however the space is limited. Otherwise it's possible to park at the Bella Center or Danhostel (both can be with a fee, please be aware of the signs at each location). See the map below to find your parking slot and the drop off zone



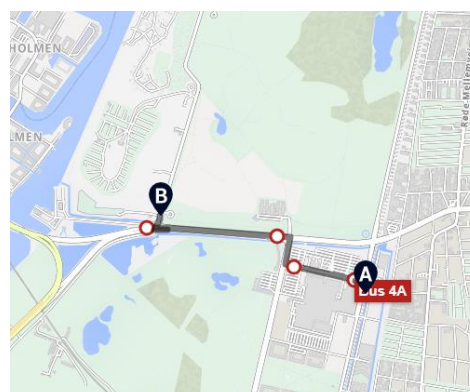
By train

Metrostation "Bella Center St.", then by bus "Bus 4a" with stop just next to the track (Vejlands Allé – Artillerivej) – only 9 minutes in total. Or you can walk/ride your bike from the Metrostation for approx. 1 km.

Plan your travel and buy your ticket using www.rejseplanen.dk

By plane

CPH Airport, only 10 minutes from the track in taxi.



COPENHAGEN BMX TRACK AND SITE MAP

Copenhagen BMX Arena

The track is ready for hosting the Nordic Championship 2018!

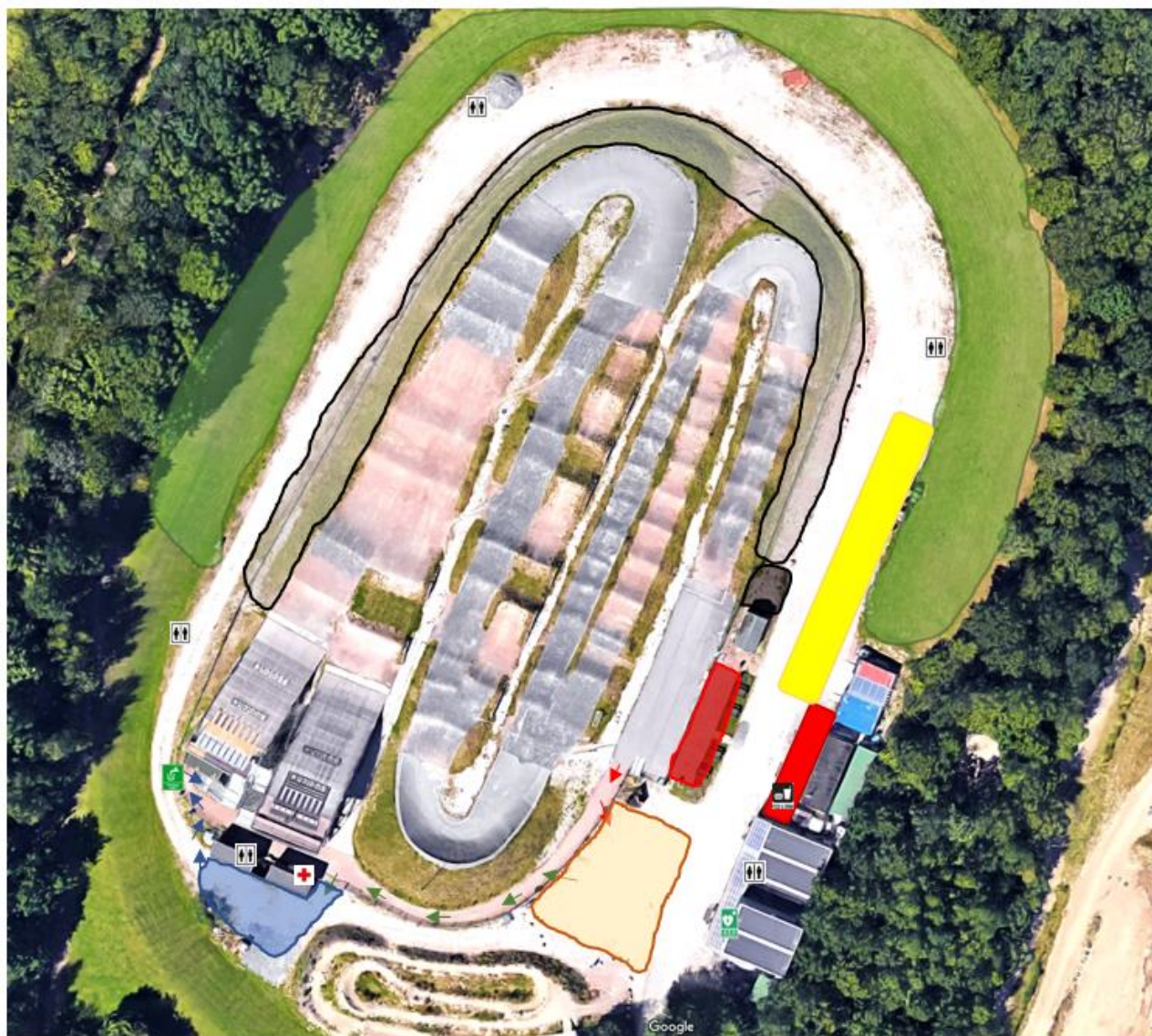
Challenge track with 5m hill and Bensink gate and Championship track with 8m hill and ProGate. The track is approx. 400m long, with pro sections starting from the 8m hill to the second and third straight as well.

The track has permanent installation of Mylaps decoder system with 6 detection zones, ProStart timing for hole shot and heat information. Behind the gates we have a covered 200m² parc fermé area with toilets and drinking water.



Site Map

Please find below site map to find directions.



- | | | | |
|--|-----------------------------|--|----------------------------------|
| | BMX Shops | | Competition zone |
| | Welcome Centre and Catering | | Green zone |
| | CPHBMX Team Area | | Medicals |
| | Team Area | | Drinking water for bottles |
| | Parc Fermé | | Automated External Defibrillator |
| | Team Manager Area | | Toilets |

GENERAL INFORMATION

Public Access

All area is with free access and will be organized in four zones:

1. A zone with different BMX shops, food and other shops.
2. The competition zone – only standing area, no grand stand available. **No tents are allowed in the competition zone**
3. The green zone – tents are allowed in the green zone.
4. The team area in which the tents of the countries, clubs and teams are placed, find further information in "Team Area"

The consumption of alcohol by crew members and officials during the races is not allowed. Smoking in the team area zone and competition zone are **not** allowed.

Food and catering

It will be possible to buy food and other catering on the Area both days. Friday the 3rd, the catering opens at 12.00 to 21.00. Saturday the 4th, the catering opens at 9.00 until end of the race. It will be possible to buy burgers, sandwich, fruits, slush ice, water, soda and beers etc.

We only accept MobilePay or DKK cash. **No credit cards are accepted.** ATMs can be find in close to the shopping center "Fields".

Water for water bottles for riders and others are just next to the parc fermé.

Toilets and trash containers

There will be toilets available at many locations at the area. Please see the sitemap. Toilets will be cleaned continuously during both days.

Trash containers will be located at many locations at the area. Please respect the sorting of trash and bottles.

Welcome Centre

The Welcome Centre will take place just next to the track. At the Welcome Centre the team manager can pick up number plates per country, and transponders for rental can be picked up by individuals. At the Welcome Centre we also will host the official and team manager meeting. Toilets for officials only will be available at the Welcome Centre.

Mylaps transponders

All riders in all classes need to have an active transponder, Mylaps ProChip Flex. Its possible to rent a chip for DKK 50,00. Transponders should be mounted on your bike (fork) before entering practice Friday.

TEAM AND CAMPING AREA

Team Area

A space incl. tent for teams will be set up in the Team Area. The location will be limited of available places and subjects to prior mandatory booking at the rate of:

- 9m² tent (3x3m) = € 150,00
- 18m² tent (3x6m) = € 250,00

Cars, trailers and trucks won't be able to stay inside the team area or the area in general. They can enter the area to offload their material only on Friday before 16.00 and again after the race finish Saturday.

Team Area Reservation

You need to do reservation for the team space incl. tent by sending a mail to nc2018@cphbmx.dk with following information

Name of the team/country etc:	_____
Manager:	_____
Mail:	_____
Mobile phone:	_____
Size of tent:	9m ² (€150) or 18m ² (€250)

Reservation information need to be sent no later than 22th of July, accompanied by the payment. Confirmation of reservation will be send with confirmation number.

Team Area Payment

Bank Transfer (put in reference: "TEAM AREA and confirmation number")

Bank Account: CPHBMX

Bank Name: Jyske Bank

IBAN: DK4550250001351461

SWIFT/BIC: JYBADKKK

Any subsequent reservation or payment will not be honored. You should be able to show the confirmation of reservation and payment when you arrive. Please contact the Welcome center on arrive for your location.

Camping Area

Unfortunately, we are not able to offer camping at the track. For resellers/BMX shops we can offer camping with arrival earliest Friday at 10.00 until Sunday at 10.00. Reservation need to be send to nc2018@cphbmx.dk with contact information and will be at the price of DKK 300,00. Pitch size will be 10x6 mtr. Electricity, access to water and toilets will be provided.

PROVISIONAL TIME SCHEDULE

Time Schedule

The time schedule will be established by the organizer according to the number of entries and will be posted on the Facebook site as soon as possible after the registration deadline.

Friday 3rd August	12.00 – 14.30	Welcome Centre opens for registration of the team. Plates will be provided to the team manager by registration
	13.30 -	Commissaires on site
	14.30 -	Commissaires meeting at Commissaires office (Welcome Centre)
	15.00 -	Team manager meeting at Commissaires office (Welcome Centre)
	16.00 – 16.55	Practice Block 1
	17.00 – 17.55	Practice Block 2
	18.00 – 18.55	Practice Block 3 with SX
	19.00 – 20.00	Challenge track is open for training. Explore and learn in your own pace. No official or medics will be at the trackside
	20.00 – 21.00	SX track is open for training. Explore and learn in your own pace. No official or medics will be at the trackside
Saturday 4th August	09.30 – 09.55	Warm up Block 1
	10.00 – 10.25	Warm up Block 2
	10.30 – 10.55	Warm up Block 3
	11.00 – 11.30	Open ceremony
	12.00 –	Motos Block 1 and 2 (Block 3 enter motos after Block 1 and 2 first two motos)
		Finals for all classes, 4 th heat for "fun classes" Handle over Nordic Championship to Sweden Prize ceremony all classes after finals

We expect the ceremony will end no later than 17.00.

RIDERS CATEGORIES

In accordance with the Nordic Rulebook 2018 riders from Nordic countries (Norway, Sweden, Finland and Denmark), who is a citizen in a Nordic country and holds a license from a Nordic federation can enter the Nordic Championship. Since 2017, the category of the race is UCI category C1 for championship riders (Elite and Juniors) and will be arranged in accordance with the UCI rules for BMX racing for this category and the rules in this Technical Guide. In the championship category, riders from other countries can enter the race, but will not be eligible for the Championship title.

If a rider from a non-Nordic country enters the race, there shall be two prize ceremonies. One ceremony for the total result of the race and one ceremony for the Nordic Championship.

Due to the restriction from the federation of Norway (not allow to have kids in the age up to 10 years and under participate in competition) and the federation of Sweden (not allow to have kids in the age up to 9 years and under participate in competition) an additional category will be introduced for those kids and Danish riders having a license in category "Motion" up to 10 years. This category will be "Experience Class" without any winners and medals for all riders in this category.

There must be minimum of 5 riders entered to the classes and in the competition to open a class. Combination of classes according to the combination rules in article 6.1.013 and this technical guide, both for championship and challenge classes

Championship Classes	
Junior – Women and Men	Riders 17 and 18 years
Elite – Women and Men	Riders 19 years and over

Challenge Classes	
Boys / Men	6yr under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17+ yr
Girls / Women	7yr under, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17+ yr
Cruiser Men	17-29yr, 30-39yr, 40+ yr
Cruiser Women	17-39yr, 40+ yr

Combined Experience Classes (no finals)	
Boys	6yr under, 7-8yr, 9-10yr
Girls	7-8yr, 9-10yr

Specific for championship classes (Elite and Juniors)

If there are less than five riders registered for category elite and junior (after combine), they will be combined with 17+ for the race and the results will be split into the original classes. On tracks with SX starting gates, the 8-meter starting hill together with pro sections shall be used for junior and elite classes. If the junior and elite classes are combined with a challenge class, the 5-meter starting hill shall be used and the pro sections shall not be used.

Specific for challenge classes

The girl classes will be combined as follows for the race, and the results will be split in to the original classes:

- Girls 11yr and 12yr
- Girls 13yr and 14yr
- Girls 15yr and 16yr
- Cruiser Women 17+ and 40+ yr

RIDERS REGISTRATION

The Nordic BMX Committee has set the registrations fee for the Nordic Championship 2018:

- Elite – women and men: €59,00
- Junior – women and men: €37,00
- Challenge and experience classes: €29,00

There are no limits to the number of riders entered the competition.

Registration and registrations fee shall be forwarded to the organizers through the national Nordic federations. No individual registrations will be accepted. Template for registration will be provided with this Technical Guide.

Individual registration for Danish riders will be accepted through tilmelding.cyklingsdanmark.dk

Individual registration for Non-Nordic riders will be accepted through sportslists.eu

The deadline for registration by national Nordic federations, Danish federation and non-Nordic riders are fixed at **Monday 9th of July (23.59)**, approx. 4 weeks before the event.

There is no possibility to cancel participation and having the fee back again after registration.

Registration for Challenge/Experience riders after deadline can't be accepted. Registration for Championship riders as late entries paying double entry fee can be accepted until Friday 3rd of August (12.00-14.30) in cash only.

The organizer will establish a time schedule according to the number of participants and will submit to the PCP.

Due registration, please remember to sign up if rental for a transponder is necessary. The rent is DKK 50,00, paid onsite when picking up the transponder at the Welcome Centre. Remember to have the transponder mounted on your bike before entering practice Friday.

The registration fees for all riders per national Nordic federations must be paid no later than Monday 16th of July (one week after registration):

Bank Transfer (put in reference: "Riders Fee and Country")

- Bank Account: CPHBMX
- Bank Name: Jyske Bank
- IBAN: DK4550250001351461
- SWIFT/BIC: JYBADKKK

RULES

- The provisions of the UCI's BMX Rulebook in its latest version apply with a few amendments (in this Technical Guide)
- The use of interlocking pedal-cleat systems is allowed for categories 13 years and over.
- All championship categories scramble seeding is used, according to UCI Rulebook 6.1.027quater, 6.1.029, 6.1.029bis with further explanation refer to UCI Rulebook article 6.1.033
- All challenge categories scramble seeding is used for all motos. A and B finals in all challenges classes with finals rounds (9 or more riders confirmed)
 - The number of heats during the Motos and the number of riders in each such heat shall be determined as per Annex 1, based upon the number of riders entered and confirmed in the category following rider's confirmation.
 - Likewise, the number of riders who will transfer from the Motos into the Qualifiers or the Final (whichever the case may be), will be Full gate. However, the riders are randomly distributed through these heats, such that the heats are not the same within each of the three Rounds of the Motos (source: UCI Rulebook article: 6.1.027quater). For more explanation of the scrambled moto and transfer system please refer to UCI Rulebook article 6.1.033
 - To avoid any doubt, during motos, random predetermined gates. Time in 3rd moto and in Qualifiers determines lane selection for the next round, refer to UCI Rulebook article 6.1.029bis.
 - In categories with 5-8 riders, the rider with the highest total points earned in the Motos will **not** be transferred to the Final.
 - Schedule of races and transfer systems for all challenge categories:

# Riders	Moto Heats	¼ Finals	½ Finals	Finals
<8	1	-	-	Drop 1 Rider
9-16	2	-	-	A Final of 8 Riders, B Final with minimum 4 Riders
17-24	3	-	2x 8 Riders	A and B Finals of 8 Riders each
25-32	4	-	2x 8 Riders	A and B Finals of 8 Riders each
33-40	5	4x 8 Riders	2x 8 Riders	A and B Finals of 8 Riders each
41-64	6 to 8	4x 8 Riders	2x 8 Riders	A and B Finals of 8 Riders each

- All Experience categories scramble seeding is used for all motos. 4th heat in all Experience categories, random seeded as well.
- In case of special conditions (weather etc) the organizer allows PCP to reduce the number of moto's. This can only apply for challenge classes and never for championship classes.
- All riders receive a number plate and side plate from the organizer at registration. The number plate must display the number plate and side plate assigned to him. A rider who fails to display the correct

number plates will be refused their start, or relegated, if it noticed after beginning a heat or run.

Number 1-8 is allocated to riders according to the results from previous year. Number 21 and up is distributed to the remaining riders.

- Championship Elite riders with a career number shall use their career numbers assigned by the UCI.
- All Championship Juniors, Challenge and Experience riders must not wear number at their jersey at all. Name printed on back are allowed. The race jersey need to be wear during prize ceremony.

ACCREDITATION INFORMATION

Accreditation before the Nordic Championship for Team Managers and assistants is not necessary. However, each federation which registers riders must appoint a Chef d'Equipe (National Team Manager) to represent the interests of all its riders. Each National Team Manager must confirm the presence of each rider as per the pre-registration riders list, on the scheduled day and times of registration.

Team managers and assistants need to present a license from the federations at registration, furthermore sign in at the Welcome Centre. A wristband and card will be provided for Team managers and assistants. Its expected the Team manager and the assistants are well known with the UCI Rulebook in general and this Technical Guide in specific.

The maximum number of assistants is based on the number of attending riders

Riders	Assistant(s)
1-2	0
3-5	1
6-10	2
11-50	2
51-100	3
Host Country	5

Team managers should participate at the Team Manager meeting. Team managers and assistants are both allowed to enter the track at

TROPHIES AND PRIZE MONEY

Experience categories

Medals are available for all riders in all classes, engraved with the Nordic Championships 2018.

Challenge categories

Trophies/medals are available for the first eight of all classes, engraved with the Nordic Championships 2018, class and place 1-8. In classes with only 8 riders or less only trophies/medals for 1st, 2nd and 3rd place

Championship categories – Nordic Championship 2018

For each class in this category there will be medals for 1st (gold), 2nd (silver) and 3rd (bronze). The winner will receive a bouquet of flowers. The medals shall be engraved with Nordic Championship 2018 and class. Only riders place 1-3 are obliged to attend the award ceremony.

Championship categories – overall including non-Nordic riders

Prize money will be awarded according to UCI BMX financial obligations, stated in the schedule below. The organizer will proceed the payment after the ceremony. Riders, place 1-8 are obliged to attend the award ceremony.

Place	Juniors – women and men	Elite – women and men
1 st	€ 350	€ 800
2 nd	€ 175	€ 400
3 rd	€ 125	€ 200
4 th	€ 75	€ 175
5 th	€ 50	€ 150
6 th	€ 40	€ 125
7 th	€ 30	€ 100
8 th	€ 20	€ 75

For all categories it's mandatory to wear minimum BMX jersey, for Championship according to the UCI Rulebook.

NATIONAL TEAM COMPETITION

The National Team Competition includes riders from classes 13 years and over. The points are awarded to each rider according to the table attached. Rules are straight forward:

- One team per country of 6 riders
- Every rider from every country rides for their country. After the finals each rider's points are calculated and the best 6 riders from each country will be added together.
- The team with most points after the Finals are the winner of the National Team Competition.

There will be an award for top three teams including the Team Manager of the winning teams.

Points awarded per rider to the National Team Competition as follows:

Place	Motos, Qualifiers and B Finals Points	A Finals Points
1 st	8	22
2 nd	7	18
3 rd	6	15
4 th	5	13
5 th	4	12
6 th	3	11
7 th	2	10
8 th	1	9

If two or more riders do have the same amount of total points as rider #6 and #7 to the team, the rider selected for the team will be the rider who earned the best result in last race. This will count back on previous heats if same in last race.

If a rider is starting in two classes, only the riders best total score will count in the National Team Competition

NATIONAL COMPETITION

The Nordic Championship 2018 includes a National Competition. The National Competition is open for the Nordic countries and includes riders from classes 13 years and over, and only for the Championship and Challenge categories. Points are awarded in the Finals as follows:

Place	Points
1 st	4
2 nd	3
3 rd	2
4 th	1

There is only awarded points for **one** rider from each country in the same final heat, example:

Place	Rider from country	Points
1 st	Sweden	4
2 nd	Sweden	0
3 rd	Norway	3
4 th	Sweden	0
5 th	Finland	2
6 th	Denmark	1
7 th	Norway	0
8 th	Denmark	0

If only two nations in the Finals, the points are reduced as follows:

- 2 points for 1. place and
- 1 point for 2. place



Nordic Championships 2018

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@BMXNC2018

info@cphbmx.dk

If there is only one nation in the Finals, there is only awarded 1 point.





The winner of the National Competition is the nations with the highest points. If two nations have the same score, the results are decided as follows:





The nation with the highest number of 1st places wins, then 2nd places etc. If the winner still cannot be decided, the result of the last complete Finals determines the winner.

The winning nation will receive a Trophy as winner of the National Competition

ACCOMMODATION AND HOTELS

Unfortunately, we are not able to offer camping at the track. We do recommend following accommodations and hotels.

Camping and Hostels	Address	Distance and Time (by car) to the track	Booking information
	Absalon Camping Korsdalsvej 132 2610 Rødovre	16.7 km / 18 min	Phone: +4536410600 Website: https://www.dcu.dk/campingplads/dcu-copenhagen-camp-absalon
	Danhostel Ishøj Ishøj Strandvej 13 2635 Ishøj	16.5 km / 17 min	Phone: +4543535015 Website: https://www.danhostel.dk/hostel/danhostel-ishoej-strand
	Dantostel Copenhagen Vejlands Allé 200 2300 København S	1 km / 12 min (walk)	Phone: +4532522908 Website: https://danhostelcopenhagen.dk
	Copenhagen Camping Bachersmindevej 11 2791 Dragør	10.5 km / 15 min	Phone: +4532942007 Website: https://copenhagencamping.dk/dragor/

Hotels	Address	Distance and Time (by car) to the track	Booking information
	Scandic Sluseholmen Molestien 11 2300 Københavns S	1.7 km / 19 min (walk)	Phone: +4570127373 Website: https://www.scandichotels.dk
	Marriott Bella Sky Center Boulevard 5 2300 København S	1.2 km / 16 min (walk)	Phone: +4543535015 Website: https://www.danhostel.dk/hostel/danhostel-ishoej-strand
	Cabin Metro Arne Jacobsens Allé 2 2300 København S	2.1 km / 5 min	Phone: +4532465700 Website: https://www.cabinn.com/hotel/metro-lufthavn-hotel-koebenhavn
	Cabin Apartments Arne Jacobsens Allé 4 2300 København S	2.1 km / 5 min	Phone: +4532465710 Website: https://www.cabinn.com/hotel/cabinn-apartments



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PARTNERS

We want to thank all our Partners supporting this event.

